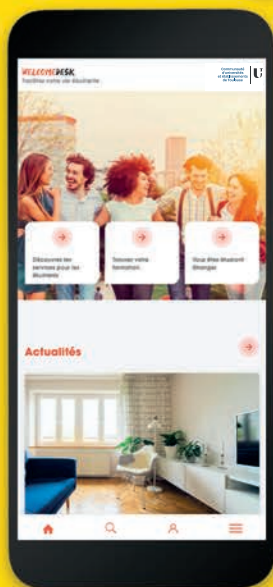


Student housing

*the keys to a successful
search*





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*Liberté
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Students, you are in good hands!

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**Make your administrative procedures easier:
student housing information, scholarship, social
welfare, right of residence, academic guidance,
health, culture, sport, transport...**

**The Accueil–Welcome Desk teams are pleased
to assist you and answer all of your questions
on site or remotely.**

**Open all year from Monday to Friday
9am–12:30pm | 1:30pm–5pm (6pm in September)**



L'Accueil–Welcome Desk
University of Toulouse
41, Allées Jules Guesde – Allée Matilda
Toulouse

Opening hours and booking on:
welcomedesk.univ-toulouse.fr

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EDITORIAL



Welcome to the Toulouse Academic Region!

Choosing Toulouse to study means joining a region renowned not only for the quality of its higher education and its innovation, but also for its hospitality. Because settling into a new city is more than just finding accommodation, we are committed to supporting you at every stage.

This Student Housing Guide, which is regularly updated, presents the various housing options available: university residences, shared housing, intergenerational or temporary accommodations. It also provides information on available financial aid, the procedures you need to complete, and helpful tips to get started.

To provide you with the best possible support, the Comue of Toulouse has set up the Accueil – Welcome Desk, located at 41 allées Jules Guesde. At this student hub, you will receive guidance and assistance from Comue staff and many partners: the CAF (Housing benefits), CPAM (Health Insurance), the Crous of Toulouse-Occitanie, the Prefecture of Haute-Garonne for residence permit procedures, Mobility service... Everything has been put in place to simplify your administrative processes, save your time, and allow you to focus on what matters most: your studies.

Toulouse is a city where studying is enjoyable, life is good, and feeling at home comes naturally. We wish you a smooth transition and great success in your academic journey.

Michael Toplis,
President of University of Toulouse

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University of Toulouse's
welcome tools are
certified.



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Les bons plans étudiants



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- LOGEMENTS ÉQUIPÉS

Ne pas jeter sur la voie publique



Student accommodation



*Be prepared
for your
housing search!*

The ideal time to find accommodation is from early July (Bac results) to mid-August

It becomes more difficult at the beginning of the academic year as housing options are more scarce. If you can afford it, we recommend booking accommodation and paying rent for a few extra weeks, even if it is not occupied.

1

Compiling a housing application

Here is a list of the documents that are usually requested:

- a photocopy of your proof of identity (identity card, passport or residence permit)
- your student card or schooling certificate
- proof of address
- your bank account details
- your employment contract or your most recent pay slips, if applicable.

The list of documents that your physical guarantor will have to provide (or a guarantee certificate if your guarantor is an organization) cf. p14:

- three most recent pay slips plus employer statement
- proof of address
- proof of identity
- latest tax declaration.

To support you, DossierFacile.logement.gouv.fr is a free public service that guides you through every step of creating your rental application file sur DossierFacile.fr : https://www.dossierfacile.logement.gouv.fr/?mtm_campaign=UNIV_TOULOUSE

2

Calculating your budget for the 1st month and the rest of the year

It is essential to know your budget and any other expenses to be paid each month in advance so you can choose accommodation within your means. Also, set aside enough money for temporary accommodation when you arrive and the compulsory upfront student accommodation fees.

In the 1st month, you will have to pay

the 1st month's rent ➕ the security deposit (one month of rent excluding utilities and service charges) ➕ agency / application fees ➕ furniture if the accommodation is unfurnished ➕ home insurance.

The rest of the year

electricity / gas and internet bills (except in some student residences), and any other expenses that are not related to housing: studies, transport, food costs, recreation, etc. See the budget table on p10

Various tips



Housing location: don't underestimate the time it will take to get from your home to where you study.



Watch out for scams and listings that seem too good to be true (rent that is too cheap for the area, perfect photos, etc.)



When viewing accommodation, have your application ready and with you to save valuable time!



Never pay in cash and don't hand over any money for rent or a security deposit before signing the rental agreement. Also, never send money by postal or money order or similar methods (e.g. Western Union).



Never accept the services of a person offering to sell you a "list of properties" in exchange for money, but with no guarantee of finding accommodation.



Warning! A room of less than 9m² does not qualify for housing benefits provided by the Caf!



Instal'toit

le prêt à taux zéro

18 - 29 ANS

La ville de Toulouse T'AIDE !

Pour qui ?

Étudiant, apprentis ou jeunes travailleurs*, locataires d'un logement sur la commune de Toulouse depuis moins de 3 mois.

* sous condition de ressources

Où se renseigner ?

05 61 22 31 91

aidesaulogement@mairie-toulouse.fr

www.toulouse.fr - urbanisme habitat - aides au logement

MAIRIE DE



TOULOUSE

www.toulouse.fr

HOUSING

- **Security deposit**
(when you move into your accommodation)
1 month's rent
(without monthly charges)
unfurnished
2 months' rent
(without monthly charges)
furnished
- **Home insurance**
(at time of renting)
70€/ year

- **Monthly average cost**
Crous: from €250 per month
(2026/27 rates, excluding shared accommodation, family/couple housing and accessible housing for students with disabilities).
Private rental :
approximately €450 to €600 per month for a studio or one-bedroom apartment



TRANSPORTATION

- **Bike**
Vélô Toulouse bike hire subscription
20/25€ a year

Bus / Metro / Tram
Students under 26 years old:
€162 per year / €15,50 per month
www.tisseo.fr
Train
www.sncf.fr

Student



LANDLINE & INTERNET

€30 to 50€ per month

MOBILE PHONE

€2 to 20 per month

ELECTRICITY GAS

€60 to €100 per month

FOOD

- **University Canteen (Resto U')**
The €1 meal for all students is now available in all CROUS. It is offered in all Resto U as well as in other points of sale.
- **Groceries**
From €200 per month



COMPLEMENTARY HEALTH INSURANCE

Free depending on your income, or a maximum of €8/month if you are under 25



OTHER EXPENSES

€200 per month
(leisure, clothing, etc.)

budget



TRAINING/EDUCATION

- **Tuition fees 2026-2027**
Bachelor's Degree **€178**
Master's Degree **€254**
PHD **€397**
- **Differentiated fees for international students (non E.U students)**
Bachelor's Degree **€2895**
Master's Degree **€3941**
PHD **€397**
- **Student Contribution**
(Healthcare & social protection, sport and culture)
€105

What help is available?

Housing benefits provided by the Caf

This is a monthly allowance for eligible students. It is paid at the beginning of each month for the previous month (e.g. for the month of January it is paid in February). The first month spent in the accommodation does not qualify for housing benefits.

> Please note:

- remember to notify the Caf in June if you are keeping your accommodation in July and August, otherwise your benefits will automatically be suspended,
- if you are under 21 and your parents receive child benefits, these will also be suspended if you apply for housing benefits. Think about it together!
- Visit www.caf.fr to do a simulation of how much you are entitled to in benefits.

Apply online!

For all applications, have your bank account details and your rental agreement at the ready, which should include your landlord's contact information, and how much you pay in rent, utilities and service charges.

Supporting documents to be provided:

For European students:

- Proof of identity or passport
- European Health Insurance Card
- Schooling certificate
- Birth certificate.

For students from outside the EU/EEA/ Switzerland:

The eligibility conditions for APL are changing. To help you plan your budget, non-European students are encouraged

to check with their educational institution, the CAF, or the Welcome Desk. Verify your eligibility online: <https://www.caf.fr/wps/portal/caffr/aidesetdemarches/mesdemarches/faireunesimulation/lelogement#/preparation>

To find out more and apply once you have signed your rental agreement, book an appointment at the Welcome Desk: welcomedesk.univ-toulouse.fr/ (41 allées Jules Guesde, Toulouse) and visit Caf.fr

Insta'I Toit

This loan facility is set up by the Toulouse city council and covers various housing costs: rent, security deposit, agency fees, home insurance, etc.

> Who is it for?

Young people aged 18 to 29 who are:

- enrolled in a higher education institution in the Toulouse metropolitan area
- in training programmes, apprenticeships, work / study programmes or young professionals moving out of "Habitats Jeunes" residences
- renting a property in Toulouse (and signed their rental agreement less than 3 months ago).

> What type of accommodation does it cover?

Any type of accommodation

> What does the benefit consist of?

The benefit amount is between €100 and €500 according to your needs and can be combined with the Loca-Pass advance.

> Is there any interest to pay?

No, it is a zero-interest rate loan

> Supporting documents to be provided:

- Proof of identity
- Proof of enrolment / schooling certificate

- Copy of rental agreement
- Bank account details
- Direct debit authorisation
- For young professionals, proof of departure from their Habitat Jeunes residence and proof of income (employment contract, last 3 payslips)
- Download the application form on the Toulouse city council website.

> Repayments:

Monthly repayments of a minimum amount of €20,83 must be made from the first month following the start of the loan payments.

> To find out more / apply:

<https://metropole.toulouse.fr/demarches/demande-laide-instaltoi>

Toulouse city council housing benefits department: +33 (0)5.61.22.31.91

L'AVANCE LOCA-PASS®

This is provided by the association Action Logement and is used to pay for security deposits.

> Who is it for?

Young people under 30 who are in vocational training, looking for work or currently employed.

Students who:

- receive a grant from the French government
- can provide proof of an internship contract lasting at least three months that is in progress at the time of application
- can provide proof of a temporary work contract lasting at least three months, in progress at the time of application.

> What type of accommodation does it cover?

Any type of accommodation

> What does the loan consist of?

It covers the amount of the security deposit defined in your rental agreement, up to €1,200

For shared housing, it covers the share of the security deposit to be paid by the person receiving the benefit

> Is there any interest to pay?

No, it is a zero-interest rate loan

> Supporting documents to be provided:

- proof of identity
 - tenant's bank account details
 - landlord's bank account details
 - schooling certificate
 - final grant certificate for grant holders
 - copy of your signed rental agreement
- Additional supporting documents may be requested depending on your situation.*

> Repayments:

- allow for a period of 3 months before your first repayment
- by direct debit from your bank account.

> To find out more / apply:

- www.actionlogement.fr
- Tel. +33 (0)970 800 800
non-surcharged call to Metropolitan France
- Take an eligibility test on locapass.actionlogement.fr
- Crij Toulouse, 17 rue de Metz
Tel. +33 (0)5.61.21.20.20

A loan commits you and must be repaid. Check your repayment capacity before committing.

AVANCE LOCA-PASS® is a registered trademark on behalf of Action Logement. This loan is subject to conditions and granted subject to the approval of Action Logement Services. It is available within the limit of the maximum amount set by the current regulations.

Need a guarantor for your home?



VISALE, THE 100% FREE
GUARANTOR THAT
FACILITATES ACCESS TO
HOUSING AND REASSURES
YOUR LANDLORD

Go to Action Logement !



Act 2015 - Action Logement - Société : SAS, au capital de 20 000 000 €, siège social : 1077 Grand chemin, 93187 Paris - RCS 441 448 124 - Paris France et Compagnie Régistrée avec l'Orfèvre sous le numéro 100 002 127 - Financing company approved and controlled by the AFICP. Ad is subject to conditions - Visale is a registered trademark of Action Logement

VISALE. 
CONNECTE EMPLOI ET LOGEMENT

ActionLogement 
RECONNU D'UTILITÉ SOCIALE

The Visale guarantee

The Visale guarantee is also provided by Action Logement and is an alternative to the security deposit required by your landlord when you move into an accommodation. It is free of charge and can be applied for online at www.visale.fr (allow a few days to receive confirmation).

Who is it for?

- Young people, students and work / study trainees aged between 18 and 30
- Anyone who is eligible for the mobility lease
- Employee signing a “seasonal” employment contract (specific conditions: more information on actionlogement.fr/la-garantie-visale)

Eligibility conditions

For students: Being enrolled in a post-secondary institution for the current academic year

What type of accommodation?

- Any type of accommodation (excluding tourist residences and hotels)
- It must be the tenant’s main residence (= occupied during the academic year)
- The accommodation must be located on French soil (Mainland France, Corsica, the French Overseas Departments and Regions (DROM), and the Collectivity of Saint Martin)

Do you have to pay for it?

Free for landlords and tenants

Supporting documents

- Proof of identity or passport (if you are French or an EU citizen) or residence permit / long-stay visa / talent passport
- Proof of enrolment (student card / schooling certificate / certificate of enrolment)
- Work-study programme contract if applicable

Additional supporting documents may be requested depending on your situation

Duration of coverage

For the first three years of the tenancy agreement, with coverage limited to: up to 36 months of unpaid rent and service charges for private-sector housing; up to 9 months of unpaid rent for student accommodation in the public or equivalent sector (CROUS residences and social housing). At the end of the guarantee period, you may benefit from the Visale guarantee again if you are still eligible. You will need to submit a new Visale application

Possible to combine, under certain conditions, with other benefits

- 2 other Action Logement aids : AVANCE LOCA-PASS® (zero-interest rate loan) to pay for your security deposit, to be paid to your landlord when signing the rental agreement, and AIDE MOBILI-JEUNE for work-study student to help reduce young people’s housing costs.
- And Housing benefits provided by the Caf

To find out more / apply online

- www.visale.fr / +33 (0)970 800 800 non-surcharged call to Metropolitan France
- Welcome Desk 41 allées Jules Guesde, 31000 Toulouse / welcomedesk@univ-toulouse.fr

Aid is subject to conditions and granted subject to the agreement of Action Logement Services. Visale, AVANCE LOCA-PASS® et AIDE MOBILI-JEUNE® are a trademark registered on behalf of Action Logement.

A STATE-APPROVED RENTAL APPLICATION TO FIND YOUR DREAM HOME

CLEAR - COMPLETE - COHERENT



Stand out with a quality application

Provide landlords with a clear, comprehensive, and coherent application to maximize your chances.



Be the first to respond to a listing

Be the most responsive by sending your digital application with just one click.



Reassure your future landlord

After undergoing rigorous testing by our operators, your application is certified by the government.



DossierFacile is a free public service that guides you through all the steps involved in creating your rental application.



To build it, scan the QRCode or visit the website

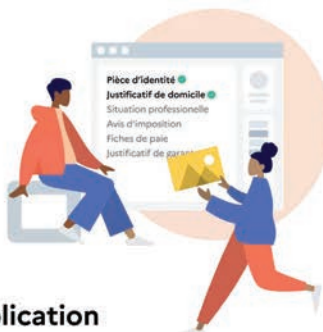
dossierfacile.logement.gouv.fr

Create your rental application in 3 steps

1 I upload my documents

DossierFacile asks for the necessary documents and only those!

- ID document
- Proof of accommodation
- Proof of employment
- Tax return
- Proof of income



2 DossierFacile validates my application

Our agents review your file and help you make any necessary corrections.

3 My application is ready to be sent

Your secure application, either in the form of a URL link or a PDF, is ready to be sent to landlords and agencies.



DossierFacile, who's it for ?

Anyone looking for accommodation, whatever their nationality, age or professional situation, and wishing to create a concrete rental file.

Already + 1 million applications certified with DossierFacile

To create your rental application, go to dossierfacile.logement.gouv.fr or contact us at contact@dossierfacile.logement.gouv.fr if you have any questions.

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Types of accommodation

1

Private accommodation

This type of accommodation belongs to a private landlord who rents it out either directly or through an estate agency. It can be furnished or unfurnished.

It is also possible to share the accommodation (colocation) in a private rental, subject to the owner's approval.

Rental prices depend on the surface area and location of the accommodation. The average rent for a studio apartment in the city center is between €450 and €600 in the Toulouse metropolitan area.

Source: observatoiresdesloyers.org

You can check private accommodation listings at:

➤ [Lacartedescolocs.fr](https://www.lacartedescolocs.fr)

➤ <https://www.lacartedescolocs.fr/>

➤ www.crous-toulouse.fr/courts-sejours/

➤ Crous
www.lokaviz.fr

➤ www.pap.fr

➤ www.leboncoin.fr

2

Accommodation in a Crous residence

To apply, the first step is to create your student social file at the beginning of the calendar year. This must be done every year on <https://messervices.etudiant.gouv.fr/>

Next, you will need to submit your housing preferences. Priority is given to scholarship students.

The schedule is available on www.crous-toulouse.fr/logement

International exchange students should contact the International Relations office of their host institution.

<https://www.crous-toulouse.fr/etudes-internationales/se-loger-en-france/>



For Crous residences in each city, see p27!



If you are a student with disabilities, find all the information to apply for adapted housing on www.crous-

Some useful links for temporary accommodation...

www.airbnb.fr

www.couchsurfing.com

Remember to contact youth hostels as well as Habitat Jeunes residences

For more temporary accommodation and short-stay options organised by city, check this guide as well as our website welcomedesk.univ-toulouse.fr

3

Social housing for students

Social housing (also known as «Hlm» in French) refers to housing units managed by social landlords (such as Yelomme - Promologis, Le Groupe des Chalets / Oh Mon Appart, Toulouse Métropole Habitat, ALTEAL). A social housing unit can be a bedroom, a studio, a one-bedroom apartment (T2), etc., located in a student residence or a mixed-use residence, either as an individual unit or as a shared accommodation.

Any student can apply for social housing by visiting :

www.demandelogement31.fr.

Alternatively, this request can also be made directly at a registration office. The list of registration offices and additional information can be found here: <https://metropole.toulouse.fr/demarches/faire-une-demande-de-logement-social>

Once the application is submitted, the candidate's file is reviewed by a committee responsible for allocating the housing.

5

A private room

This is a bedroom rented out in an individual's home. The kitchen and bathroom are shared with them and their family. Some may also offer a shared living space, and possibly breakfast and an evening meal.

Please note:

The rental agreement must specify the services provided.

The advantage?

The rent is often cheaper, and eligible students can apply for Housing Benefits (APL - CAF).

4

Intergenerational housesharing

Intergenerational housing, also known as «Colocation cohabitation intergénérationnelle solidaire», it involves a student and a senior living together in the senior's home, where the senior has an unoccupied room. This type of housing is advantageous both for the student, who, in exchange for more or less important services, benefits from low rent, and sometimes even almost free, and for the senior, who benefits from reassuring company and escapes from their daily isolation. For more information on intergenerational cohabitation, visit the websites 2 associations possibles www.cohabilis.org or www.ensemble2generations.fr



There are also private student residences, also known as «service residences,» which are not listed.

Here are some useful websites:

- Private room exchange for students or in return for intergenerational services: www.troctachambre.com
- Private room rental listings when you sign up for free on Roomlala: fr-fr.roomlala.com
- Cohebergement.com: www.cohebergement.com
- A solution for multigenerational housing and cohabitation: www.chambreHabitant.fr

Find listings with private individuals on the central platform for student housing managed by Crous: www.Lokaviz.fr

6

Habitat Jeunes residences provided by the Regional Union for Youth Habitat (URHAJ):

These are available to young people aged 16 to 30 who are employed, apprentices, students, trainees or job seekers on benefits. Several types of furnished accommodation are available (studio, one-bedroom flats, etc.) and they can be individual or shared. In Habitat Jeunes residences, various guidance, workshops and activities are available to residents.

www.habitatjeunesoccitanie.org

Here are some websites with shared housing listings:

➤ Check shared housing listings by signing up for free on:
www.lacartedescolocs.fr

➤ Find shared housing or a flatmate by signing up for a free basic account that allows you to access certain listings, or by paying for a premium account in order to be able to contact them all and to be contacted:
www.appartager.com

7

Shared housing:

This is one of the cheapest housing options available that also enables you to have a bigger living space. However, you do have to be ready to share common areas on a daily basis (living room, kitchen, bathroom, etc.) as well as the rent and utilities.

Each member of the household must be listed in the rental agreement. If you join a pre-existing flatshare or houseshare, you will need to draft an amendment to the rental agreement.

There are two types of rental agreement for this type of housing :

1. A single rental agreement in which all the members of the household are listed, but be aware of the solidarity clause that binds the tenants together until the end of the contract! This clause stipulates that if you leave the house or flat before the term of the rental agreement, and the other tenants fail to pay all the rent due, you will be liable for the amount owing. The clause ceases to be effective 6 months after the end of your notice period.

2. An individual rental agreement (for each tenant), to which the solidarity clause does not apply; however, the landlord can decide who is allowed to join the household.

➤ Shared housing listings on **www.leboncoin.fr**
www.lokaviz.fr
and **www.campus-et-toits.fr**

Some steps to take before moving in

Before unpacking your things and settling into your new home, there are a few more steps you need to take.



Home insurance

As soon as you have found the right accommodation and before meeting with the landlord to receive the keys, you must take out home insurance. This is compulsory in order to protect you from various risks (fire, water damage, burglary, etc.). You can take out a policy with a mutual insurance company, bank or private insurer.

If you are part of a flatshare or houshare, except for clauses stated in the lease agreement, each tenant needs to take out home insurance.



Tip: choose a comprehensive policy that also includes liability insurance.

French Government creating a centralized webpage providing information to students searching for housing

All the tools to find accommodation, a guarantor, helpful websites, procedures, and financial assistance to help you secure housing:
<https://www.etudiant.gouv.fr/fr>



The guarantor

The guarantor undertakes to pay the rent and utilities and service charges on behalf of the tenant if the latter is unable to do so. This guarantor must be creditworthy, i.e. able to show that they have sufficient income and are capable of assuming this responsibility. This is required by most agencies and landlords.

If no-one can be a guarantor for you, you can apply online for the Visale guarantee, which is a free rental security deposit.



See the Visale guarantee table on p15

If you do not meet the eligibility criteria for one of these guarantees, you can contact a bank or ask your landlord whether they will agree to let you pay several months' rent up front.

Find your student social residence at <https://monlogementetudiant.beta.gouv.fr/>



The security deposit

You will then have to pay a security deposit that is usually the equivalent of a month's rent excluding utilities and service charges for unfurnished accommodation, and two months for furnished accommodation. It will be returned to you when you move out, but may be deducted from in the event of any damage to the accommodation.

For more information, visit www.caf.fr



L'AVANCE LOCA-PASS® provided by Action Logement, can accompany you to pay this security deposit. See the housing benefits table on p12



The rental agreement

You can now sign your rental agreement (or «lease»), of which each party gets a copy (landlord, tenant, guarantor). It contains all the information about the accommodation you are going to be living in (duration of the rental agreement, contact information of the landlord and the tenant, accommodation type and description, price of rent, and utilities and service charges). It also lists the landlord and tenant's rights and obligations.



Incoming inventory

The day you get the keys to your new home, you will carry out an incoming inventory with the landlord. This is a full and very precise description of the accommodation, drawn up in duplicate.

Be sure to describe any visible damage, even if it is very minor, and keep a copy of this document until the day you move out. On this day, if the exit inventory matches the incoming inventory, your security deposit will be returned to you within one month. If the exit inventory does not match the incoming inventory, the landlord has two months to return your security deposit and the expenses to cover the damage will be deducted. After the incoming inventory, you can finally get the keys to your new home!



Signing up with providers

As soon as you move in, you will need to open an account in your own name with utility companies (electricity or gas, as the case may be) and an internet provider.

Generally speaking, if you are living in a student residence or renting a private room in an individual's home, these expenses will take the form of a flat rate and are usually included in the rent.



Housing benefits provided by the Caf

if you are eligible, you can apply for housing assistance from the CAF as soon as you rent accommodation. This financial support is paid on a monthly basis.

Check your eligibility at: <https://www.caf.fr/allocataires/caf-de-la-haute-garonne>

Contact your city council to find out what local services are available (e.g. Instal'Toit, set up by the Toulouse city council)



See the housing benefits table on p12

Work-study trainees / apprentices

Action Logement supports young people under 30, who are in apprenticeship programs within non-agricultural private sector companies, through the MOBILI-JEUNE® assistance program. This program covers a portion of their rent, up to €100 per month. Visit mobilijeune.actionlogement.fr to check your eligibility.

Assistance subject to conditions, available within the limits of the maximum amount set by current regulations, and granted subject to the approval of Action Logement Services.

MOBILI-JEUNE® assistance is a registered trademark on behalf of Action Logement Services.

For more information on the other benefits offered by Action Logement, visit actionlogement.fr

Furnishing: think second-hand!

In order to save money on furniture, there are various associations, student initiatives and organisations that will allow you to furnish your accommodation more cheaply, e.g. with recycled furniture.

For more information, visit welcomedesk.univ-toulouse.fr/se-meubler

Moving out?

For all the steps you need to take before doing so, visit:

<https://welcomedesk.univ-toulouse.fr/vie-quotidienne/se-loger/quitter-son-logement>

Crous*

logement

social

bourses
aides
financières

culture
animations

restauration



Service
public
étudiant

jobs

Pour réussir votre stage, on a quelques clés.



**PROFITEZ
DES COURTS SÉJOURS
À PRIX CROUS**



Week-end, stage, job d'été... Du 1^{er} janvier au 31 août, des logements libres vous accueillent partout en France.

Séjournes dans l'une des résidences universitaires de nos 26 Crous et **profitez de prix attractifs sur des séjours de courte durée**, adaptés à vos besoins et à vos envies.

Mou logement : Les éco-gestes du quotidien

Lighting, heating, washing, cooking, and doing the dishes... all these everyday activities can impact your budget and the environment. Adopt simple habits!

Save Energy!

- Turn off the lights when you leave a room.
- Unplug devices when they're not in use (computer, phone).
- Use power strips to easily turn off unused equipment.
- Use low-consumption LED bulbs.
- Remember to turn off the Wi-Fi at night and/or when you're away

Heating / Thermal Comfort

- Heating accounts for a significant portion of annual energy expenses in a home. Lowering the heating by 1°C can save 7% of energy per year. 19°C is an ideal temperature in winter.
- If you're away all day, lower the thermostat!
- Turn off the heating when you ventilate your home!
- Let light into rooms during the day and close shutters/curtains at night to better retain heat.
- In summer, ventilate at night and close during the day to keep it cool.

Water

- Don't let water run continuously when brushing your teeth, washing, or doing the dishes: on average, 9 liters of water flow from the tap every minute.

- A dripping faucet = 100 liters of water per day, which is over 100 € per year.
- Water leaks (toilet, sink, flush) = 400 liters of water per day, which is over 400 € per year. (Source: Water Agencies - Public Institutions of the Ministry of Sustainable Development)
- Installing aerators on taps can reduce water consumption by 25% – and placing the faucet in the cold position when off prevents calling for hot water each time.
- Fully load washing machines and dishwashers and use eco or cold wash modes.

Waste

- Learn about the recycling system in your area: with the expanded sorting instructions, all plastics/cardboards/papers/metals are recyclable!
- Recycled waste should be placed loose in your bin without a bag.
- Bring your food waste to composters available in parks and gardens or your residence.
- Consider buying in bulk to reduce waste.

Know the Energy Efficiency of Your Home

When renting a home, it is mandatory to provide an Energy Performance Certificate (EPC) less than 10 years old, conducted by a professional. This document allows you to know if your home is energy-efficient and environmentally friendly. It also provides an estimate of annual housing costs based on your home's characteristics and for standard usage in five areas (heating, hot water, air conditioning, lighting, and auxiliary).

NOTES





Student housing by city



Mémo pictos



Accessibility



Possibility of
shared housing



ToulBox partner



Housing for work /
study trainees



Possibility of
short-term stay

The monthly rents and fees are not listed and may vary depending on the type of accommodation. For more details, check the online listings or contact the housing provider directly.

Albi

Résidence Lapérouse - Crous

2, rue Descartes 81000 Albi

CONTACT +33(0)5 61 12 54 27

+33(0)5 62 25 62 45

residence.laperouse@crous-toulouse.fr

<https://www.crous-toulouse.fr/logement/laperouse/>



Résidence L'Astrolabe - Crous

13, rue de la Poudrière 81000 Albi

CONTACT +33(0)5 61 12 54 27

+33(0)5 62 25 62 45

residence.lastrolabe@crous-toulouse.fr

<https://www.crous-toulouse.fr/logement/lastrolabe/>

Résidence Nobel - Crous

36, Place du 19 mars 1962 81000 Albi

CONTACT +33(0)5 63 48 16 92

residence.nobel@crous-toulouse.fr

<https://www.crous-toulouse.fr/logement/nobel/>



Habitat Jeunes en albigeois - URHAJ

Résidences Sirius et Aurore

50-60 rue Croix Verte 81000 Albi

Résidence Polariss

Avenue du Loirat, 81000 Albi

Résidence Vénus

3 rue Jules Rolland 81000, Albi

CONTACT +33(0)5.63.54.16.47 -

+33(0)748.73.76.68

boutiquelogement@habitat-jeunes-albi.fr

<https://habitat-jeunes-albi.fr/>

Other accommodation available

L'IMT Mines Albi

Allée des sciences 81000 Albi

Has its own residences reserved for its students.

<https://www.imt-mines-albi.fr/fr/hebergement>

CONTACT Contact form :

<https://www.imt-mines-albi.fr/fr/>

contacter-imt-mines-albi

hebergement@mines-albi.fr

+33(0)5 63 49 30 29

Mémo pictos



Accessibility



Possibility of shared housing



Housing for work / study trainees



Possibility of short-term stay

** Rental information:

contact the residence / school directly.

Le bailleur social Tarn Habitat

Provides support for your social housing application and other housing matters.

CONTACT 05 63 77 81 81

office@tarnhabitat.fr

www.tarnhabitat.fr



Résidence Crous L'Astrolabe

Shared housing with the KAPS solidarity project

Living in a shared accommodation + engaging in community service in the neighborhood = a real-life experience of community and solidarity, worth highlighting on your CV! + <https://afev.org/occitanie/albi/>

Temporary accommodation

Let's take a look at the possible solutions and good deals!

CONTACT +33(0)5 63 48 19 61

albi@afev.org

<https://www.mairie-albi.fr/fr/logement-hebergement-temporaire>

Génération Conseil

32, rue des carmélites 81000 Albi

CONTACT +33 (0)6 71 05 02 49

Contact form : <https://www.colocation-adulte.fr/contact>

generationconseils@gmail.com

intergenerationnel81.fr

Accommodation listings and administrative support

Institut National Universitaire Champollion

Contact the Guichet Unique for information:

Monday to Thursday:

7:45 am - 5:30 pm &

Friday: 7:45 am - 5:00 pm.

Place de Verdun 81 000 Albi

Ground floor of the administrative building.

CONTACT +33 (0)5 63 48 17 17

guichet-unique@univ-jfc.fr

The "Boutique Logement Jeunes"

Supports, informs and guides young people in Tarn aged 16 to 25 who are looking for accommodation.

CONTACT 50 Rue Croix Verte

81000 ALBI

+33 (06) 46 56 91 48

boutiquelogement@habitat-jeunes-albi.fr

<https://habitat-jeunes-albi.fr/>

[boutique-logement/](https://habitat-jeunes-albi.fr/boutique-logement/)

Info Jeunes Tarn

1 place de la Résistance

81000 Albi

CONTACT +33 (0)6 52 01 43 69

coordination.ijt@leolagrangre.org

<https://pourlesjeunestarnais.com/fr/>

Lokaviz.fr

As there are a limited number of places in university residences, the Crous offers a plan B with its private room rental service.

Lokaviz.fr

Auch



Résidence Habitat Jeunes

Le Noctile - URHAJ

2 Ter rue du 8 mai 32 000 Auch

CONTACT +33 (0)5 62 64 02 32

Contact form :

www.lenoctile.fr/contact-plan/

www.lenoctile.fr



Résidence Claire de Castelbajac - La Maison Diocésaine

13 Rue Dr Samalens 32 000 Auch

Close to IUT Toulouse - Auch - Castres

CONTACT +33 (0)6 17 19 61 10

asso.bethleem@diocese32.org

<https://diocese32.org/residence-etudiante/>

Toit de Gascogne

97 Bd Sadi carnot 32000 AUCH

Résidence Darwin

Résidence Embaques

Close to IUT and lycée Garros

CONTACT +33(0)5.62.61.69.90 accueil@toitdegascogne.fr

toitdegascogne.fr<https://toitdegascogne.fr/>



Office public de l'habitat - OPH 32

71 rue Jeanne d'Albret 32 000 Auch

Close to sixth-form colleges and IUT

CONTACT +33 (0)5 62 60 14 50

contact@oph32.fr

<https://www.oph32.fr/>



Accommodation listings and administrative support

Maison du Logement et de l'Habitat

7, bis rue Gambetta 32 000 Auch

La Maison du logement provides information and support to those looking for accommodation by listing vacancies in the town of Auch and its surrounding areas.

CONTACT +33 (0)5 62 05 52 80

contact@maisonlogement.com

Plateforme J'loge Gers

This is a housing platform for people under 30 looking for accommodation in the Gers.

<https://jloge.fr>

Two programs in the Gers region:

The «Comité local» (Local Committee) for the «Logement Autonome des Jeunes CLLAJ32» (or Independent Housing for Young People) welcomes young people aged 18 to 30, providing them with information, guidance, and support in finding and accessing independent housing.

The « Agence Immobilière à Vocation Sociale AIVS® » (Social Purpose Real Estate Agency) supports you throughout your project throughout the rental process (rental intermediation).

Infos Jeunes Auch

16 bis rue Rouget de Lisle

32 000 Auch

CONTACT +33 (0)5 62 60 21 21

bjj@imaj32.fr

www.imaj32.fr

Cahors



Résidence Habitat Jeunes

Jean-Jaurès - URHAJ

188 avenue Jean Jaurès 46 000 Cahors

CONTACT +33 (0)5 65 31 29 32

contact@lotpourtoits.fr



Association pour l'habitat de jeunes en Quercy - URHAJ

129 rue Fondue Haute 46 000 Cahors (Old quarter).

CONTACT +33 (0)5 65 35 29 32

afjq46@yahoo.fr

<https://www.habitatjeunes.org/logements/asso-habitat-des-jeunes-en-quercy/>

Housing associations

Info Jeunes Grand Cahors

430 Allées des Soupîrs, les Docks
46 000 Cahors

The Grand Cahors has implemented a label to facilitate the renting of properties from private owners to young people, ensuring the quality of the accommodations. Information and housing listings are available at the Youth Information Point.

CONTACT

+33 (0)5 65 24 13 66

+33 (0)7 61 72 43 34

informationjeunesse@grandcahors.fr

<https://cahorsagglo.fr/le-point-info-jeunes>



Résidences Polygone

25 boulevard Gambetta, 46 000 Cahors
Accommodation consisting of 3 residences (Henri-Martin, des Augustins, Pierre Sépard) for students, apprentices and young people under 30 with a professionalisation contract. 55 accommodations from 16 to 28 m².

CONTACT +33 (0)5 65 35 40 40

polygone46@polygone-sa.fr

www.polygone-sa.fr

Lot Habitat

23 avenue A. Juin, 46 000 Cahors

CONTACT +33 (0)5 65 53 20 20

agence.cahors@lot-habitat.com +

crc46@lot-habitat.com

www.lot-habitat.com

Apply for social housing at:

www.demande-logement-social.gouv.fr

Temporary / Short-term accommodation



Le Chai - Youth Hostel

52 avenue André-Breton 46 000 Cahors

CONTACT +33 (0)5 36 04 00 80

cahors@hifrance.org

www.hifrance.org/auberge-de-jeunesse/

cahors-le-chai.html

Castres

Résidence le Sidobre - Crous

Chemin de l'Espinasse 81100 Castres
Close to IUT

CONTACT +33(0)5 61 12 54 89

+33(0)5 61 12 54 37

residence.lesidobre@crous-toulouse.fr

www.crous-toulouse.fr/le-sidobre



Résidence le Corporal - URHAJ

7 et 9 rue Pasteur Hubac 81100 Castres

"Les Pins"

"Les Lauriers"

Close to CFA Anne Veaute

CONTACT +33 (0)5 63 62 58 10

accueil.fjt@foyerprotestant-castres.fr



Office Public de l'Habitat de Castres - OPH-Castres

Provides student accommodation:

Résidence 2 place Bouffard

Résidence 24 rue de la Tolosane

CONTACT +33 (0)5 63 62 61 00

secretariat.direction@oph-castres.fr

[https://www.oph-castres.fr/espace-](https://www.oph-castres.fr/espace-demandeurnotre-offre-etudiants)

[demandeurnotre-offre-etudiants](https://www.oph-castres.fr/espace-demandeurnotre-offre-etudiants)

*Accommodation listings
and administrative
support*

Le Syndicat Mixte

39 rue Firmin Oulès 81100 Castres

Supports students looking for accommodation by offering an online "housing contact point".

This contains listings exclusively for students from private landlords, estate agencies or social housing offices.

CONTACT +33 (0)5 63 62 11 64

contact.syndicadmixte@iut-tlse3.fr

Accommodation listings available on:

[https://www.castres-mazamet.fr/](https://www.castres-mazamet.fr/lhebergement/loffre)

[lhebergement/loffre](https://www.castres-mazamet.fr/lhebergement/loffre)



Résidence Le Martinet - Crous

9004 Rue du Village, 81100 Castres

21 studio apartments

CONTACT +33(0)5 61 12 54 89

+33(0)5 61 12 54 37

residence.lemartinet@crous-toulouse.fr

[www.crous-toulouse.fr/residence-le-](http://www.crous-toulouse.fr/residence-le-martinet/)
[martinet/](http://www.crous-toulouse.fr/residence-le-martinet/)

Mémo pictos



Accessibility



Possibility of
shared housing



Housing for work /
study trainees



Possibility of
short-term stay

Figeac



Résidence Françoise Sagan - Crous

La Pintre 46 000 Figeac
Close to IUT

CONTACT +33 (0)5 65 50 06 80
residence.francoisesagan@crous-toulouse.fr
www.crous-toulouse.fr/francoise-sagan



Résidence Habitat Jeunes Les Soleihos - URHAJ

8 avenue Bernard Fontanges
46 100 Figeac

CONTACT +33 (0)5 65 38 62 75
rhj.soleihos@anras.fr
rhjlessoleihos.anras.fr



Lot Habitat

Montviguier, Bât. B av. du Grial
46 100 Figeac

"Nayrac" and "Les Miattes" Bat D, av. Bernard Fontanges 46100 Figeac
Possibility of accommodation for trainees from February to the end of August.

CONTACT +33(0)5.65.53.20.20
crc46@lot-habitat.com
www.lot-habitat.com
Apply for social housing at:
www.demande-logement-social.gouv.fr

** Rental information:

contact the residence / school directly.

Service Habitat C.I.A.S

8, place Vival 46100 Figeac

The C.I.A.S Habitat service of greater Figeac puts landlords and tenants in contact, free of charge, for temporary accommodation rentals.

CONTACT +33 (0)5 65 50 05 01
Contact form : www.grand-figeac.fr/formulaire-de-contact/
Servicehabitat.cias@grand-figeac.fr



Résidence Habitat Jeunes Les Soleihos 2



Résidence de Montgauzy Centre Universitaire de l'Ariège Robert Naudi

4 Rue Raoul Lafagette, 09 000 Foix

The Montgauzy student residence is located on the Foix university campus. Possibility of accommodation for trainees between April and August. Applications are made directly with the university.

CONTACT +33 (0)5 61 02 19 80

logement@centre-universitaire-ariège.fr

<http://centre-universitaire-ariège.fr/logement.php>



Résidence Le Léo de Foix

16 rue Noël Peyrevidal 09 000 Foix

Close to the university campus
Rooms and studios available for students.

CONTACT +33 (0)5 61 65 09 04

contact@leodefoix.fr

www.leodefoix.com



Résidence du Rival

6 Rue du Rival 09 000 Foix

Located in City Center. Furnished rooms & shared spaces.

CONTACT +33 (0)5 61 05 80 84 - 07 71 01 19 15

foiximmobilierconseils@gmail.com

www.leodefoix.com



Résidence Les Chapeliers

9 rue des Chapeliers 09000 Foix

9 furnished studios, a shared courtyard with a view of the Foix Castle, and a bicycle garage.

CONTACT +33 (0)6 22 37 21 32

yoniamouroux@yesss.fr

Accommodation listings and administrative support



Campus et toits

Campus & Toits is an association that offers shared housing for students and young people under the age of 30 (including those in civic service, working, apprenticeships, or professional training). Everything is done to facilitate access to housing for young individuals: affordable rent, individual lease, eligibility for housing assistance (APL), no guarantor required, simplified application process, and no agency fees. Some accommodations are already equipped and furnished. The best part: at Campus & Toits, roommates can choose each other, and meetings are organized among our tenants. Offers and availability can be found at:

www.campus-et-toits.fr

contact@campus-et-toits.fr

CONTACT +33 (0)7 67 15 79 40

Info Jeunes Ariège

2 Boulevard François Mitterrand
09 000 Foix. Offering housing options and shared accommodations for students on the website.

CONTACT +33 (0)5 61 02 86 10

bij09.foix@crij.org

www.infojeunes09.fr

** Rental information:

contact the residence / school directly.

Millau

Résidence Pierre Douzou

148 boulevard Richard 12100 Millau

** Rent details: information directly from the residence/ establishment.

CONTACT

contactmillau@aveyron-habitat.fr
www.crous-toulouse.fr/pierre-douzou

Comité pour le logement des jeunes (CLAJ Rodez)

The CLAJ (Committee for Independent Housing for Young People) is an association that lists all housing/ accommodation solutions in the Rodez metropolitan area and offers offers from member landlords (housing systematically inspected before being rented out) with a connection.

The association provides information on budgets, rights and responsibilities, and available assistance, and supports you with your financial needs (CAF, Visale, Action Logement, etc.) and throughout your rental period.

CAF relay point.

4 rue Maréchal Leclerc / 12000 RODEZ /

info@clajrodez.org / www.clajrodez.org

Office hours are available on campus:

Esplanade François Mitterrand, 12100

MILLAU

Aveyron Habitat

23 ter Bd. de la Capelle

12 104 Millau

CONTACT +33 (0)5 65 61 50 70

contactmillau@aveyron-habitat.fr

Info Jeunes Aveyron

4 rue Maréchal Leclerc de

Hauteclouque - 12 000 Rodez

CONTACT

+33 (0)6 30 50 24 19

infojeunesaveyron@gmail.com

<https://www.rij12.fr/page/840851-l-association>

www.aveyron-habitat.fr

#explorerlespossibles

info Occitanie
Jeunes
EXPLORER LES POSSIBLES



Montauban



Résidence du Fort



Résidence Habitat Jeunes du Fort

5 rue du Fort, 82 000 Montauban

CONTACT +33 (0)5 63 21 26 00

secretariat@lefort82.com

www.lefort82.com



Résidence Emeraude - SA Patrimoine

30 rue de Gamarra, 82 000 Montauban

For students and young professionals

To apply for social housing: <https://www.demandelogement31.fr/imhowebGP31/>

CONTACT

location@sa-patrimoine.com

Contact form : www.sa-patrimoine.com/contact/



*Accommodation listings
and administrative support*

Student support - Centre Universitaire du Tarn et Garonne

116 boulevard Montauriol

82 000 Montauban

Consult listings by private landlords.

CONTACT

+33 (0)5 63 91 88 77

+33 (0)7 61 22 77 18

aidealetudiant@tarnetgaronne.fr

<https://univ.tarnetgaronne.fr/les-logements>

Info Jeunes Tarn et Garonne Grand Montauban

2 Boulevard Edouard Herriot

82 000 Montauban

Personalised support in finding accommodation and Caf procedures. Listings by private landlords available on the website.

CONTACT +33 (0)5 63 66 32 12

Contact form : www.sij-montauban.fr/jeunes/infos-pratiques/contact
www.sij-montauban.fr



Rodez

Résidence Camonil Leclerc

6 rue du Maréchal Leclerc 12 000 Rodez
Close to Institut Champollion and IUT

CONTACT +33 (0)5 65 77 14 40

c.petit@hlm-rodez.fr

www.crous-toulouse.fr/camonil-leclerc



Résidence Habitat Jeunes Cœur de ville - URHAJ

21 rue de Bonald 12 000 Rodez
Close to IUT and university

CONTACT +33 (0)5 65 77 14 00

reservation@hjgr.fr

www.fjt-rodez.wifeo.com/



Résidence Habitat Jeunes Les Capucines - URHAJ

26 boulevard des Capucines 12 850
Onet-Le-Château

Accommodations next of the university
and the IUT (university technology
institute) - Accommodations with parking

CONTACT +33 (0)5 65 77 51 05

capucines@hjgr.fr

www.residence-les-capucines.fr



Foyer Étudiants de la Maison Saint Pierre

Quartier Bourran, 203 rue Roger
Bourrat 12000 Rodez

CONTACT +33 (0)5 65 68 82 82

foyeretudiants@gmail.com

www.foyeretudiantsrodez.fr



Résidence Universitaire INSPE

12 Rue Sarrus, 12 000 Rodez

CONTACT +33(0)5.65.68.88.02

inspe.savu_rodez@univ-tlse2.fr

<https://inspe.univ-toulouse.fr/accueil/inspe/sites-de-formation/restauration-et-hebergement-sur-le-site-de-rodez-12>



** Rental information:

contact the residence / school directly.

Mémo pictos



Accessibility



Possibility of
shared housing



Housing for work /
study trainees



Possibility of
short-term stay

Social student accommodation

Rodez Agglo Habitat - Housing association

14 rue de l'Embergue 12 000 Rodez

Provides social housing to students

Thanks to an agreement with the Crous, certain accommodations are provided to grant holders.

CONTACT +33 (0)5 65 77 14 40

contact@rodezagglo-habitat.com

Contact form : www.rodezagglo-habitat.fr/contact/



Résidence Habitat Jeunes Les Capucines 2 -
Rodez Onet-Le-Chateau



Accommodation listings and administrative support

CLAJ Rodez (Local committee for independent housing for young people)

4 rue du Maréchal Leclerc de
Hauteclouque 12 000 Rodez

The CLAJ (Committee for Independent Housing for Young People) is an association that lists all housing/accommodation solutions in the Rodez metropolitan area and offers offers from member landlords (housing systematically inspected before being rented out) with a connection.

The association provides information on budgets, rights and responsibilities, and available assistance, and supports you with your

financial needs (CAF, Visale, Action Logement, etc.) and throughout your rental period.

CAF relay point.

4 rue Maréchal Leclerc / 12000

RODEZ / info@clajrodez.org / www.clajrodez.org

Office hours are available on campus: Esplanade François Mitterrand, 12100 MILLAU

CONTACT +33 (0)5 65 73 16 32

info@clajrodez.org

www.clajrodez.org

Info Jeunes Aveyron

4 rue du Maréchal Leclerc
12 000 Rodez

CONTACT

+33 (0)6 30 50 24 19

infojeunesaveyron@gmail.com

www.rij12.fr



Tarbes



Résidence Simone Veil - Crous

39 rue Vincent Scotto 65 000 Tarbes

Located in the heart of the university campus.

CONTACT +33 (0)5 62 44 65 65
residence.simoneveil@crous-toulouse.fr
www.crous-toulouse.fr/simone-veil



Résidence Atrium - URHAJ

88 rue Alsace Lorraine 65 000 Tarbes

CONTACT +33 (0)5 62 38 91 20

accueil@fjt-tarbes.fr

www.fjt-tarbes.fr

Housing associations



OPH 65 (Office Public de l'Habitat des Hautes-Pyrénées)

28 rue des Haras 65 000 Tarbes

OPH 65 assists students who are looking for accommodation.

Social housing application form can be downloaded online.

CONTACT +33 (0)7 88 80 18 62
+33(0)5 62 96 81 17
<https://www.oph65.fr/contacts>
www.oph65.fr

La SEMI (Société d'Économie Mixte de Construction de la Ville de Tarbes)

29 rue Georges Clémenceau 65 000 Tarbes

Résidence Bastillac Université

76 avenue d'Azereix 65000 Tarbes

Résidence Carline

10 avenue de l'Echez 65 000 Tarbes

Application form can be collected by email.

CONTACT +33 (0)5 62 51 78 51
elise.maumus@semi-tarbes.fr
www.accueil@semi-tarbes.fr



Other useful contacts

Tarbes Youth Information Office

3, rue Colomès de Juillan 65 000 Tarbes

Online listings by private landlords, and presentation of student housing options.

CONTACT +33 (0)5 62 93 22 12
www.tarbes.fr/fiche-annuaire/info-jeunes-tarbes
jeunesseviecitoyenne@mairie-tarbes.fr
tarbes.fr

ADIL 65 (Departmental Agency for Housing Information)

24 Rue Larrey 65 000 Tarbes

Advice and support for all aspects of housing, whether legal, financial or tax-related.

CONTACT +33 (0)5 62 34 67 11
adil.65@orange.fr
www.adil65.org

Toulouse

On the Université Toulouse Capitole campus and TBS



Résidence les jardins de l'Université - Crous

31, rue Valade 31000 Toulouse
(Capitole / Compans-Caffarelli area)

CONTACT +33 (0)5 62 25 62 28
residence.jardins@crous-toulouse.fr
www.crous-toulouse.fr/les-jardins-de-luniversite



Résidence Arsenal - Crous

2 boulevard Armand Duportal 31070
Toulouse (Capitole / Compans area)

CONTACT +33 (0)5 62 25 62 28
residence.arsenal@crous-toulouse.fr
www.crous-toulouse.fr/arsenal

Close to Université Toulouse Capitole campus, TBS and Toulouse-INP ENSEEHT



Résidence Chapou - Crous

1 rue Saunière 31069 Toulouse
(Amidonniers area)

CONTACT +33 (0)5 61 12 55 26
residence.chapou@crous-toulouse.fr
www.crous-toulouse.fr/chapou



Résidence Armand Duportal - Crous

1 rue de la cité administrative
31000 Toulouse
(Capitole / Compans area)

CONTACT +33 (0)5 61 12 63 11
residence.duportal@crous-toulouse.fr
www.crous-toulouse.fr/armand-duportal



Résidence Capitaine Philippe - Crous

1 rue Saunière 31069 Toulouse
(Amidonniers area)

CONTACT +33 (0)5 61 12 55 26
residence.capitainephilippe@crous-toulouse.fr
www.crous-toulouse.fr/capitaine-philippe



Résidence L'Aérophile - Crous

4 rue Pierre Laplace 31000 Toulouse
(Compans-Caffarelli area)

CONTACT +33 (0)5 62 25 62 43
residence.laerophile@crous-toulouse.fr
www.crous-toulouse.fr/laerophile



Résidence Taur - Crous

6 rue Bellegarde 31000 Toulouse
(quartier Capitole)

CONTACT +33 (0)5 62 25 62 28
residence.taur@crous-toulouse.fr
www.crous-toulouse.fr/taur



Résidence Larrey - Crous

17 bis rue Larrey 31000 Toulouse (Saint-Pierre / Compans-Caffarelli area)

CONTACT +33 (0)5 62 25 62 41

residence.larrey@crous-toulouse.fr

www.crous-toulouse.fr/larrey



Résidence Castelbou - YELLOME Groupe Promologis

22 rue Léonce Castelbou 31000 Toulouse (Compans-Caffarelli area)

CONTACT +33 (0)9 70 82 84 60

contact-castelbou@promologis.fr

www.promologis.fr



Cité Internationale des Chercheurs

17 rue Sainte-Catherine 31400 Toulouse (Close to Saint-Pierre area)

CONTACT

Application form can be downloaded online:

[www.citeinternationale-](http://www.citeinternationale-toulouse.fr/www.oh-monappartudiant.fr)

[toulouse.fr/www.oh-monappartudiant.](http://www.citeinternationale-toulouse.fr/www.oh-monappartudiant.fr)

[fr](http://www.citeinternationale-toulouse.fr/www.oh-monappartudiant.fr)



Résidence L'Annexe - Les Chalets / Oh ! Mon Appart

rue Edmond de Planet 31000 Toulouse (Close to Saint-Pierre area)

CONTACT

contact@oh-monappartudiant.fr

www.oh-monappartudiant.fr

* **Besides shared flat, housing for families and couples.**

Résidence Anatole France Habitat Jeunes Ô Toulouse - URHAJ

42 place Anatole France 31000 Toulouse (Capitole / Compans-Caffarelli area)

CONTACT +33 (0)5 61 52 41 34

For more informations :

www.habitatjeunesoccitanie.org/

contactez-nous/

Résidence BAYARD - YELLOME Groupe Promologis

40/42 rue Bayard 31000 Toulouse

CONTACT +33(0)9 70 82 84 60

contact-bayard@promologis.fr

www.promologis.fr

Mémo pictos



Accessibility



Possibility of shared housing



Housing for work / study trainees



Possibility of short-term stay



Toul'box partner

Toulouse

Close to Université Toulouse Capitole campus, TBS and Toulouse-INP ENSECHT

Résidence Espérance Habitat Jeunes Ô Toulouse - URHAJ

20 grande rue Nazareth 31000 Toulouse (Carmes area)

CONTACT +33 (0)5 61 52 41 34

For more informations :

www.habitatjeunesoccitanie.org/contactez-vous/



Résidence Le Fidelio - Toulouse Métropole Habitat

5-7 Rue du Port Saint-Etienne, 31000 Toulouse (François Verdier area)

CONTACT +33 (0)5.81.313.313

www.toulouse-metropole-habitat.fr/fr/contact

www.toulouse-metropole-habitat.fr/toulouse-metropole-habitat/notre-patrimoine/le-fidelio

To apply for social housing: <https://www.demandelogement31.fr/imhowebGP31/>



Résidence La Coulée Verte - Crous

31 rue Dinetard 31500 Toulouse (Jolimont / Roseraie / Argoulets area)

CONTACT +33 (0)5 61 12 63 23

residence.lacouleeverte@crous-toulouse.fr

www.crous-toulouse.fr/la-coulee-verte



Résidence Jolimont - Habitat Jeunes Ô Toulouse (URHAJ)

2, avenue Yves Brunaud 31500 Toulouse (Jolimont area)

CONTACT +33 (0)5 34 30 42 80

www.otoulouse.org/logement/residence-jolimont-2

Résidence Pierre Garrigues - Crous

77, rue Saint Jean 31130 Balma

CONTACT +33 (0)5 61 12 63 23

residence.pierregarrigues@crous-toulouse.fr

www.crous-toulouse.fr/pierre-garrigues

Résidence Marc Chagall - Cité Jardin

10 rue Marc Chagall, 31700 Blagnac

Close to IUT in Blagnac

For students and young professionals

CONTACT +33 (0)5 62 25 62 00

j.brosed@lacitejardins.fr

www.crous-toulouse.fr/marc-chagall

Résidence Constellation - URHAJ

10 rue Louis Blériot 31700 Blagnac

CONTACT +33 (0)5 61 59 62 70

rhj.constellation@anras.fr

<https://www.habitatjeunesoccitanie.org/logement/residence-constellation>



Résidence Les Triades - YELLOME Groupe Promologis

12 rue de Périole 31500 Toulouse (Marengo / Jean Jaurès area)

CONTACT +33 (0)9 70 82 84 60

contact-triades@promologis.fr

www.promologis.fr

Résidence ST-Exupéry - URHAJ

2 allées de Gramont 31130 Balma

CONTACT +33 (0)7 88 83 47 98

rhj.saintexupery@anras.fr

<https://www.habitatjeunesoccitanie.org/logement/residence-st-exupery>

*Close to Rangueil campus,
University of Toulouse,
ISAE-SUPAERO, ENAC
and INSA*

Résidence Maryse Bastié - Crous

118 route de Narbonne 31077 Toulouse
(Rangueil area)

CONTACT + 33(0)5 62 25 62 20

www.crous-toulouse.fr/maryse-bastie



Résidence Les Intégrales - Crous

118 route de Narbonne 31077 Toulouse
(Rangueil area)

CONTACT +33 (0)5 62 25 62 20

residence.lesintegrales@crous-toulouse.fr

www.crous-toulouse.fr/les-integrales



Résidence Clément Ader - Crous

118 route de Narbonne 31077 Toulouse
(Rangueil area)

CONTACT +33 (0)5 62 25 62 20

residence.clementader@crous-toulouse.fr

www.crous-toulouse.fr/clement-ader



Résidence Latécoère - Crous

6 allées du Lieutenant Lucien Lafay
31077 Toulouse (Rangueil area)

CONTACT +33 (0)5 62 25 62 20

residence.latecoere@crous-toulouse.fr

www.crous-toulouse.fr/latecoere



Résidence Les Triades - Promologis



Résidence St-Exupéry - URHAJ

Toulouse

Close to Rangueil campus, University of Toulouse,
ISAE-SUPAERO, ENAC and INSA



Résidence Colonel Roche - Crous

15 avenue du Colonel Roche 31400
Toulouse (Rangueil area)

CONTACT +33 (0)5 61 12 55 70

residence.colonelroche@crous-toulouse.fr

www.crous-toulouse.fr/colonel-roche



Résidence Thalès - Crous

118, route de Narbonne 31077 Toulouse
(quartier Rangueil)

CONTACT +33 (0)5 62 25 62 00

residence.thales@crous-toulouse.fr

www.crous-toulouse.fr/thales



Résidence Pythagore - Crous

118, route de Narbonne 31077 Toulouse
(quartier Rangueil)

CONTACT +33 (0)5 62 25 60 30

residence.pythagore@crous-toulouse.fr

www.crous-toulouse.fr/pythagore



Résidence Les Tripodes (Archimède, Bichat, Curie) - Crous

118, route de Narbonne 31077 Toulouse
(Rangueil area)

CONTACT +33 (0)5 62 25 62 00

residence.lestripodes@crous-toulouse.fr

https://www.crous-toulouse.fr/?s=tripodes&post_type=logement



Résidences INSA - YELLOME Groupe Promologis

4, 6, 8, 10, allée des Sciences appliquées
141, avenue de Rangueil
17, avenue du Colonel Roche
31400 Toulouse (Rangueil / Ponsan-
Bellevue area)

CONTACT +33 (0)9 70 82 84 60

a.insa@promologis.fr

www.promologis.fr



Résidence Olympe de Gougues - Crous

35 rue Maurice Bécane 31078
Toulouse (Rangueil area)

CONTACT +33 (0)5 62 25 62 62

residence.olympedegougues@crous-toulouse.fr

www.crous-toulouse.fr/olympede-gougues

Mémo pictos



Accessibility



Housing for /
study trainees



Toul'box partner



Possibility of
shared housing



Possibility of
short-term stay



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Office Public de l'Habitat de la Métropole toulousaine



Toulouse

*Close to Rangueil campus, University of Toulouse,
ISAE-SUPAERO, ENAC and INSA*

Résidence Notre-Dame - Crous

12 rue Notre-Dame 31400 Toulouse
(Saint-Michel area)

CONTACT +33 (0)6 26 82 52 74
residence.notredame@crous-toulouse.fr
www.crous-toulouse.fr/notre-dame



Résidence Daniel Faucher - Crous

11 allée du Professeur Camille Soula
31078 Toulouse (Ile du Ramier area)

CONTACT +33 (0)5 61 12 55 37
residence.danielfaucher@crous-toulouse.fr
www.crous-toulouse.fr/daniel-faucher



Résidence Cap Juby / Oh ! Mon Appart

5 rue Pierre Deley 31400 Toulouse
(Montaudran area)
Possibility of shared housing

CONTACT
contact@oh-monappartetudiant.fr
www.oh-monappartetudiant.fr



Résidence Patagonia Montaudran - Oh ! Mon Appart

Rue Jacqueline Auriol 31400 Toulouse
(Montaudran area).

CONTACT
contact@oh-monappartetudiant.fr
www.oh-monappartetudiant.fr



Résidence les Roses - Groupe Les Chalets

54 rue des Roseaux 31400 Toulouse
(Rangueil area).

CONTACT
contact@oh-monappartetudiant.fr
www.oh-monappartetudiant.fr



Résidence ISAE - ALTEAL

4 avenue Edouard Belin 31400 Toulouse
(Rangueil area). Priority given to ISAE-SUPAERO.

CONTACT +33 (0)5 32 11 05 50
isae@alteal.net
<https://xn--altal-dsa.fr/logements-etudiants/mon-futur-logement/>



Résidence Blaise Pascal - ALTEAL

150 avenue de Lespinet 31400 Toulouse
(Montaudran area)

CONTACT +33 (0)7 61 68 53 65
blaisepascal@alteal.net
<https://xn--altal-dsa.fr/logements-etudiants/mon-futur-logement/>



Résidence Demoiselles - URHAJ

70 allées des demoiselles 31400, Toulouse
(Saint Michel area)

CONTACT +33 (0)5 34 30 42 80
demoiselles@otoulouse.org
<http://www.otoulouse.org/logement/residence-demoiselles-2/>

Close to Toulouse-INP ENSAT, ENSFEA, TBS (Entière site) and Rangueil campus



Résidence Pont de bois - YELLOME Groupe Promologis

15 allée Ville Tarn 31320 Auzeville-Tolosane.

CONTACT +33 (0)9 70 82 84 60
contact-pontdebois@promologis.fr
www.promologis.fr



Résidence Rachel Carson - Crous

Avenue de l'Agrobiopole 31320 Auzeville-Tolosane

CONTACT +33 (0)5 62 25 62 15
esidence.rachelcarson@crous-toulouse.fr
www.crous-toulouse.fr/rachel-carson



Résidence Le Colombier Labège - ALTEAL

395 rue du Colombier 31760 Labège (Enova Campus)

Co-renting not permitted but students can live as a couple if they so wish

CONTACT +33 (0)5 34 31 82 50
colombier@alteal.net
www.altéal.fr/locations/residence-le-colombier.l36.php

Résidence Orion - YELLOME Groupe Promologis

60 Rue des Tours, 31670 Labège (Enova Campus)

CONTACT 0970828460
[+ https://www.promologis.fr/](https://www.promologis.fr/)



Résidence Horizon 172 Labège - ALTEAL

172 rue Charles Bourseul 31670 Labège (Enova Campus)

CONTACT +33(0)7.86.63.10.7
horizon@alteal.net
www.xn--altal-dsa.fr/biens/residence-etudiante/residence-horizon-172-copy/

Résidence Habitat Jeune @ Home - Habitat Jeunes Ô Toulouse - URHAJ

172 rue Charles Bourseul 31670 Labège (Enova Campus)

CONTACT
athome@otoulouse.org
www.otoulouse.org/logement/residence-home



Résidence Ariane - Patrimoine SA

34 avenue Mercure 31130 Quint-Fonsegrives

Mixed-use residence for students and young professionals

CONTACT
Application form can be downloaded online : <https://www.demandelogement31.fr/imhowebGP31/pages/31/votre-demande-de-logement.html?>

* **Student rate***

** **Rental information:**

contact the residence / school directly.

*Close to Mirail campus, Université Toulouse - Jean Jaurès,
ENSA de Toulouse, ENVT, ICAM, CHU Purpan*



Résidences Les Humanités 1 & 2 - Crous

5 allées Antonio Machado 31000
Toulouse cedex 9

CONTACT +33 (0)5 61 12 55 20

residence.humanites@crous-toulouse.fr
www.crous-toulouse.fr/les-humanites



Résidence Constantinople - Oh ! Mon Appart

4 rue Ferdinand Laulanié 31100 Toulouse

CONTACT

contact@oh-monappartetudiant.fr
www.oh-monappartetudiant.fr



Résidence Jean Gilles - Patrimoine SA

8, rue Jean Gilles 31100 Toulouse
(Reynerie area)

CONTACT Application form can be
downloaded online : <https://www.demandelogement31.fr/imhowebGP31/pages/31/votre-demande-de-logement.html>

Résidence Badiou - URHAJ

13 avenue Badiou 31300 Toulouse

CONTACT +33 (0)5 62 14 95 00
accueil.sanfrancisco@ucrm.fr



Résidence JUMP Oh ! Mon Appart

10 rue Rochefort 31100 Toulouse
(Fontaine Lestang area). Rent between

CONTACT

contact@oh-monappartetudiant.fr
www.oh-monappartetudiant.fr



Résidence Aragon - Oh ! Mon Appart

6 rue du 11 novembre 1918 31100
Toulouse (Arènes area). Rent between

CONTACT

contact@oh-monappartetudiant.fr
www.oh-monappartetudiant.fr



Résidence Apollinaire - Oh ! Mon Appart

4 place Agapito Nadal 31100 Toulouse
(Arènes area).

CONTACT

contact@oh-monappartetudiant.fr
www.oh-monappartetudiant.fr



Résidence de l'Ecole Vétérinaire (ENVT) - Oh ! Mon Appart

51 Chemin des Capelles 31300 Toulouse
(Lardenne area)

Accommodation reserved for ENVT
students. **CONTACT**

contact@oh-monappartetudiant.fr



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LAVERIE



SERVICES
PRATIQUES*
Location para-hôtellers (linge, matelas...), salle de sport, cafétéria, urgence technique 24h/24...

*En fonction de la résidence

yellome.fr | 09 70 82 84 60 (coût d'un appel local)

PROMOLOGIS Société Anonyme à Capital Participatif - Capital de 367 804 487 50 € - 499 832 833 € C.V. - Promoteur : 495 0024
Régistrée au RCS de Toulouse (312 000 217) - Siège social : 1 rue du Commerce (31000) - 05 61 43 23 00 - 495 0024



Find all Yellome Groupe Promologis residences on:

<https://www.yellome.fr/residence-etudiante-jeune-actif-haute-garonne>



Résidence à proximité du CVRH - Crous

(Réservé aux étudiants de l'école vétérinaire)

6 Imp. Paul Mesplé, 31100 Toulouse
(Area Bellefontaine / Les Pradettes)

CONTACT +33 (0)5 61 12 55 20

residence.humanites@crous-toulouse.fr

<https://www.crous-toulouse.fr/logement/residence-cvrh/>

Résidence Déodat de Séverac - Crous

167 avenue de Muret 31300 Toulouse
(Area Les Arènes / Croix de Pierre)

CONTACT +33 (0)5 62 25 62 14

residence.deodat@crous-toulouse.fr

www.crous-toulouse.fr/residence-deodat-de-severac/



Résidence Habitat Jeunes San Francisco - URHAJ

92 route d'Espagne 31100 Toulouse
(Croix de Pierre area)

Application forms can be picked up on site.

CONTACT +33 (0)5 61 43 23 00

accueil.sanfrancisco@ucrm.fr

habitatjeunes.ucrm.fr

Résidence Habitat Jeunes Anadyr - URHAJ

108 route d'Espagne 31100 Toulouse
(Croix de Pierre area)

Application forms can be picked up on site.

CONTACT +33 (0)5 61 43 23 00

accueil.sanfrancisco@ucrm.fr

habitatjeunes.ucrm.fr

* **Student rate***

** **Rental information:**

contact the residence / school directly.



Other housing options in Toulouse:

Private landlords



For websites with accommodation listings, see p16

Also consider reaching out to your institution's Student Life office and checking their website!

University of Toulouse students can check listings of accommodation near the campus at:

<https://univ-tlse3.studapart.com/fr/>

Intergenerational housesharing

Several associations offer international housing which offer intergenerational housing:

Mieux Ensemble

There are two addresses where you can find them: La Mijoteuse (space for social & solidarity economy), 5 place Joseph Verseille 31770 Colomiers

CONTACT

+33 (0)6 95 01 09 47

mieuxensemble.toulouse@gmail.com

www.mieuxensemble-toulouse.fr

Ensemble 2 Générations

Open by appointment on Mondays, Tuesdays and Thursdays from 9:30 am to 4:00 pm

22 rue Déodora 31400 Toulouse

CONTACT +33 (0)6 20 75 17 97

toulouse@ensemble2generations.fr

www.ensemble2generations.fr

Shared housing in Toulouse



For websites with shared housing listings, see 18

Shared housing with the KAPS solidarity project

AFEV Toulouse, the "association of students for the city foundation", offers places in so-called "KAPS", or "solidarity flatsharing projects".

Crous residence «Le petit Varèse» is a 3-minute walk from Université Toulouse - Jean Jaurès and 15 minutes from the city centre (Metro Line A, Mirail University station).

> Rent between €267 and €287, all charges included

> 5 hours of citizen commitment per week

Living in a KAPS means being involved in an innovative project and in actions with residents and partners based on different themes (education, environment, culture, sport).

Interested? You can find more information on their website and request to be contacted!

<https://afev.org/occitanie/toulouse/les-colocations-kaps-toulouse>

Campus & toits

Campus & Toits is an association that offers shared housing for students and young people under the age of 30 (including those in civic service, working, apprenticeships, or professional training).

Everything is done to facilitate access to housing for young individuals: affordable rent, individual lease, eligible for housing assistance (APL), no guarantor required, simplified application process, and no agency fees. Some accommodations are already equipped and furnished. The unique feature of Campus & Toits is that roommates can choose each other, and meetings are organized among our tenants.

Offers and availability can be found at: www.campus-et-toits.fr
contact@campus-et-toits.fr
+33 (0)7 67 15 79 40

Host families

Association Accueil en Région Toulousaine

www.accueiltoulouse.com

L'Association AcTIF

www.ac-tif.fr/fr

AcTif Immersion Accueil en Familles» offers an accommodation solution for students from Toulouse schools and universities, and cultural and linguistic immersion for foreign students.

Contact form: [www.ac-tif.com/fr/
contact-association-famille-d-ac-
cueil#contact](http://www.ac-tif.com/fr/contact-association-famille-d-ac-cueil#contact)



Information points and useful contacts in Toulouse

Accueil-Welcome Desk

41 allées Jules Guesde, allée Matilda
31000 Toulouse

Metro Line B - Carmes
or Palais de Justice

Provides guidance in finding accommodation and directs you to the best point of contact according to your needs.

CONTACT

welcomedesk@univ-toulouse.fr
welcomedesk.univ-toulouse.fr

Opening hours : Monday to Friday from
9:00 am to 12:30 pm & 1:30 pm to 5:00
pm (6:00 during september)

Caf for students

(at the Welcome Desk)

Caf office exclusively for students where they can get information about housing benefits and the employment premium, and apply online.

Crous open by appointment

Support for any issues related to grants, housing, benefits, student jobs, and cultural / campus activities.

www.crous-toulouse.fr/lecrous/contacts

Info Jeunes Occitanie

17 Rue de Metz 31000 Toulouse

M line A - Esquirol. Opening hours :

Monday from 13.30 to 18.00 // From
Tuesday to Friday : from 10 to 12.30/
and 13.30 to 18h

The Crij informs and assists young people with their rights and procedures when it comes to housing.

Service "Support for Rights and Demands": by appointment on Tuesdays and Thursdays from 1:30 pm to 5:00 pm.

CONTACT 0561212020

www.crij.org

Contact form:

www.crij.org/fr/contact.php

L'Espace Case - Crous

58 rue du Taur 31000 Toulouse

Metro Line A - Capitole /

Metro line B - Jeanne d'Arc station

Opening hours: 9:00 am - 4:00 pm

Monday - Friday (by appointment)

For any questions related to grants, housing, benefits, student jobs, and cultural activities and campus life.

Opening hours may vary due to activity.

<https://www.crous-toulouse.fr/2025/09/02/rentree-espace-case/>

ADIL 31

Departmental Agency for Housing Information

4 rue Furgole 31000 Toulouse

Metro Line B - Carmes

or Palais de justice

Adil provides free advice on legal and financial matters related to housing.

CONTACT +33 (0)5 61 22 46 22

info@adil31.org

www.adil31.org

CLLAJ 31

Local committee for independent housing for young people

169 avenue de Muret, 31300 Toulouse

Housing application forms, active search tools, guidance and information on tenants' rights.

Appointments at Info Jeunes Occitanie.

CONTACT +33 (0)5 61 21 20 20

Contact form : www.cllaj31.org/contact

contact-cllaj31@ajh.fr

www.cllaj31.org/

Toulouse City Council

Community Health Service (SCHS)

17 place de la Daurade 31000 Toulouse

"No more unsafe housing":

accommodation is considered to be substandard, unsanitary, inadequate or unsafe if it presents risks to the health and / or safety of its occupants.

CONTACT +33 (0)5 61 22 23 32

hygiene@mairie-toulouse.fr

<https://metropole.toulouse.fr/demarches/signaler-un-habitat-insalubre>

Direction des Solidarités et de la Cohésion sociale (Social Cohesion Directorate)

1 rue Delpech - 3rd floor 31000 Toulouse

Metro Line B - François Verdier

By appointment only, from monday to friday : 8:30 a.m to 12:30, and from 1:30 p.m to 4:30 p.m. / 1st floor (Instal'Toit).

CONTACT aidesaulogement@mairie-toulouse.fr

<https://metropole.toulouse.fr/annuaire/service-aides-au-logement-mairie-de-toulouse>

Space for Diversity and Secularism

38 rue d'Aubuisson 31000 Toulouse

Metro Line B - François Verdier

If you feel that you have been discriminated against during your housing search.

CONTACT +33 (0)5 81 91 79 60

espace-diversites-laicite@mairie-toulouse.fr

<https://nondiscrimination.toulouse.fr/espace-diversites-laicite/presentation-du-lieu>





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laregion.fr/pfm





Communauté
d'universités
et établissements
de Toulouse



welcomedesk.univ-toulouse.fr
welcomedesk@univ-toulouse.fr

Accueil-Welcome Desk
University of Toulouse
Allée Matilda
41, allées Jules Guesde
310013 Toulouse
Metro Line B - Palais de Justice



@Univ_Toulouse

University of Toulouse
welcome tools are certified

